



P.O. Box 837
Tiffin, Ohio 44883-0837
Phone (419) 448-0831

FRY FOODS, INC.
Quality Frozen Foods

www.fryfoods.com

P.O. Box 111
Weiser, Idaho 83672
Phone (208) 414-1180

Bellissimo Battered Mozzarella Cheese Sticks
Product Code 141

Nutrition Facts

Serving Size: 1 piece (38g)
Servings per Container: about 24

Amount Per Serving	
Calories 90	Calories from Fat 36
% of Daily Value*	
Total Fat 4g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 322mg	13%
Total Carbohydrates 9g	3%
Dietary Fiber 1g	2%
Sugars 2g	
Protein 5g	

Vitamin A	5%	•	Vitamin C	0%
Calcium	9%	•	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Sat Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories Per Gram
Fat 9 • Carbohydrate 4 • Protein 4